

Free Acupuncture Clinic

Discover Natural Alternative Health

*Sponsored by the Alaska Mental Health
Consumer Web*

Promotes stress reduction and healthy sleep

*Complements 12 Step and therapeutic community
programs, and cognitive-behavioral therapy.*

*Supports drug-free recovery from addictions and
mental disorders*

*Combines Chinese medicine and Western chemical
dependency therapy principles*

- ☉ *Practitioner - Tricia Cushman, lic. acupuncturist*
- ☉ *Time - 5:30 p.m. Tuesday Nov. 14*
- ☉ *Place - The Web, 1248 Gambell Street*
- ☉ *Cost - Free (really), but donations welcome*
- ☉ *Information - 222-2980*